

FIRST SUNDAY OF LENT

PRAYER FOR VOCATIONS

Lord Jesus, Son of the Eternal Father and Mary Immaculate, grant to our young people the generosity necessary to follow Your call and the courage required to overcome all obstacles to their vocation. Give the parents that faith, love and spirit of sacrifice which will inspire them to offer their children to God's service and to rejoice whenever one of their children is called to the priesthood, permanent diaconate or consecrated life. Let Your example and that of Your Blessed Mother and Saint Joseph encourage both young people and parents, and let Your grace sustain them. Amen.

THE INTRODUCTORY RITES

Lord, Who Throughout These Forty Days



1. Lord, Who through - out these for - ty days, For
2. As Thou with Sa - tan didst con - tend, And
3. As Thou didst hun - ger bear and thirst, So
4. And through these days of pen - i - tence, And
5. A - bide with us, that so, this life Of



us didst fast and pray, Teach us with Thee to
didst the vic - tory win, O, give us strength in
teach us, gra - cious Lord, To die to self, and
through Thy Pas - sion - tide, Yea, ev - er - more, in
suf - fering o - ver - past, An Eas - ter of un -



mourn our sins, And close by Thee to stay.
Thee to fight, In Thee to con - quer sin.
chief - ly live By Thy most ho - ly Word.
life and death, Je - sus, with us a - bide.
end - ing joy We may at - tain at last!

Text: Claudia Frances Hernaman, 1838-1898

Tune: ST. FLAVIAN, CM; John Day's *Psalter*, 1562; harm. by Richard Redhead, 1820-1901

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GREETING

Presider: In the name of the Father,
and of the Son, and of the Holy Spirit.

All: Amen.

Presider: The Lord be with you.

All: And with your spirit.

PENITENTIAL ACT

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (Strike breast) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters to pray for me to the Lord our God.

Presider: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

KYRIE, ELEISON

Chant

Priest/Deacon/Other Minister	All respond	Priest/Deacon/Other Minister
Ký - ri - e, e - lé - i - son. Ký - ri - e, e - lé - i - son. Chris - te, e - lé - i - son.		
All respond	Priest/Deacon/Other Minister	All respond
Chris - te, e - lé - i - son. Ký - ri - e, e - lé - i - son. Ký - ri - e, e - lé - i - son.		

Text and music: Graduale Romanum, 1974.

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THE LITURGY OF THE WORD

READING I: GN 9:8-15

God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth." God added: "This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

RESPONSORIAL PSALM



Your ways, O Lord, are love and truth
to those who keep your cov-e-nant.

Music: Michael Giszczak, b.1951; © 2008, International Liturgy Publications
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READING II: 1 PT 3:18-22

Beloved: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

GOSPEL ACCLAMATION



Praise to you, Lord Je-sus Christ, King of end-less glo-ry!

Music: *Mass of Saint Augustine*, Joe Higginbotham, b. 1953; © 2011, International Liturgy Publications

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GOSPEL: MK 1:12-15

Priest/Deacon: The Lord be with you. **All: And with your spirit.**

Priest/Deacon: A reading from the Holy Gospel according to Mark. **All: Glory to You, O Lord.**

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

Priest/Deacon: The Gospel of the Lord. **All: Praise to You, Lord Jesus Christ.**

HOMILY

PROFESSION OF FAITH

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

PRAYERS OF THE FAITHFUL

Deacon/Psalmist: Let us pray to the Lord. **All: Lord, hear our prayer.**

Hosea

Verses



1. Come back to Me, with all your heart.
 † Trees do bend, though straight and tall;
 2. The wil - der - ness will lead you
 In - teg - ri - ty and jus - tice
 3. † You shall sleep se - cure with peace;

to Refrain after verse 3



Don't let fear keep us a - part.
 so must we to oth - ers' call.
 to your heart where I will speak.
 With ten - der - ness † you shall know.
 faith - ful - ness will be your joy.

Refrain



Long have I wait - ed for your com - ing



home to me and liv - ing deep - ly our new life.

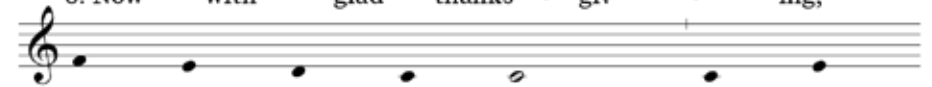
Text: Hosea 6:1, 3-3; 2:16, 21; Joel 2:12; Weston Priory, Gregory Norbet, OSB, b.1940
 Music: Gregory Norbet, OSB, b.1940; arr. by Mary David Callahan, OSB, b.1923
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Humbly We Adore Thee



1. Hum - bly we a - dore Thee,
 2. Je - sus, Lord, we thank Thee
 3. Thou who died to save us
 4. Christ, our God and broth - er,
 5. Hail, O Word In - car - nate,
 6. Faith a - lone re - veals here
 7. Christ, at his last sup - per,
 8. Now with glad thanks - giv - ing,



Christ, Re - deem - er, King; Thou art
 for this won - drous bread; In our
 liv - est as our light; Though our
 hear our hum - ble plea; By this
 born from Mar - y's womb; Hail, O
 bread of Par - a - dise; Faith a -
 break - ing bread, de - creed: "This, My
 praise Christ glo - ri - fied; He in



Lord of heav - en, Thou to Whom we sing.
 land Thou dwell - est, by Thee we are fed.
 eyes are blind - ed, yet our faith gives sight.
 ho - ly ban - quet grant us u - ni - ty.
 Strength im - mor - tal, ris - en from the tomb.
 lone may wit - ness Je - sus' sac - ri - fice.
 bod - y, take and eat;" heav - en - ly food in - deed!
 us is pres - ent; we in Him a - bide.

Text: attr. to Thomas Aquinas, c. 1225-1274; sts. 1-4: tr. by Melvin L. Farrell, 1930-1986;
 sts. 5-8: tr. by Omer Westendorf, 1916-1997; tr. © 1955, 1961, 1964, World Library Publications
 Tune: ADORO TE DEVOTE, 65 65 D; Chant Mode V

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God, the Might - y, Thou hast come,
 We who share this mys - ter - y
 Christ, do Thou be mer - ci - ful,
 Make us one in lov - ing You,
 Share with us Your vic - to - ry
 There - fore, Lord, as once of old
 Then He blessed the cup of wine;
 Mem - bers of His bod - y,



bear - ing gifts of grace; Son of Ad - am
 in Thee are made one; Ev - ery act we
 Lamb for sin - ners slain, We in grief con -
 one in mind and heart, Till in heav - en
 Sav - ior ev - er blest: Live more ful - ly
 Thom - as gained his sight, Now in - crease our
 "take and drink," he said: "From this chal - ice
 we in Him are one; Hail this sa - cred



still Thou art, Sav - ior to our race.
 of - fer Thee in Your name is done.
 fess our guilt; cleanse our souls of stain.
 we are Yours nev - er more to part.
 in our hearts; be our con - stant guest.
 fee - ble faith; shed Your heal - ing light.
 of My blood soon for sin - ners shed."
 un - ion, heaven on earth be - gun!

THE CONCLUDING RITES

ST. MICHAEL'S PRAYER

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray, and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Forty Days and Forty Nights



1. For - ty days and for - ty nights
2. Shall not we Thy sor - row share,
3. And if Sa - tan vex - ing sore,
4. So shall we have peace di - vine;
5. Keep, O keep us, Sav - iour dear,



Thou wast fast - ing in the wild; For - ty days and
 And from earth - ly joys ab - stain, Fast - ing with un -
 Flesh or spir - it should as - sail, Thou, his Van - quish -
 Ho - lier glad - ness ours shall be; Round us, too, shall
 Ev - er con - stant by Thy side; That with Thee we



for - ty nights Tempt - ed, and yet un - de - filed.
 ceas - ing prayer, Glad with Thee to suf - fer pain?
 er be - fore, Grant we may not faint or fail.
 an - gels shine, Such as min - is - tered to Thee.
 may ap - pear At the e - ter - nal Eas - ter - tide.

Text: George H. Smytton, 1822-1870, alt.
 Tune: HEINLEIN, 77 77; attr. to Martin Herbst, 1654-1681